

Dorset and Hampshire Iyengar Yoga Institute

**Minutes of the Annual General Meeting of the DHIYI at Trinity Hall,
Southbourne, Bournemouth at 1:18 pm on 16th April, 2016**

Present:

Jenni Doohan (Chairman)
Bridget Campbell (Treasurer)
Carol Batterson (Hampshire Events Coordinator)
Kim Trowell (Dorset Events Coordinator)
Nikki Byrne (Membership Secretary)
Ingrid Masters (Recording Secretary)

Mary Heath, Louise Kirby, Iris Lee, Tarja Armitage, Ali Pegg, Richard Pegg,
Carolyn Ryan, Lone Mehta, Anne Phillips, Chris Maclean, Kathi Vaile,
Sally Hogsflesh, Chrissie Barrett, Cheryl Bates, Cathy Weller,
Zoe Hobbs, Lyn Buckby, Louisa Elliott, Kate Gray, Giulia Howard-
Hole, Lyn Roxburgh, Ann Cashmere, Jackie Newman, Cecilia Winter

1. Welcome

Jenni welcomed everyone to the 11th AGM of the DHIYI.

2. Apologies for absence

Cheree Low, Pauline Collison, Julie Smith, and Helena Chiu.

3. Approval of minutes of 18th April, 2015

The minutes were approved as circulated.

4. Matters arising

As it had been decided at the last AGM that members would like to have DHIYI funds used to acquire resources for the benefit of members rather than saving for a dedicated institute centre, the DHIYI had spent £1200 on setting up a library. Jenni would be referring to this in her Chairman's report.

5. Chairman's report

Good afternoon and welcome to our 11th AGM.

We are very pleased to have Judi Sweeting here to teach for the day.

This is my second AGM as chairman of the DHIYI. I have enjoyed settling into the role and am thankful to have a strong, dedicated committee with whom to work.

Please find a list of the current committee members on the bottom of the agenda.

Will the current executive committee please stand up and introduce yourself.

The past year saw the standing down of three executive committee members — Monica Mooney who was our diligent Recording Secretary for one year, Jenny Trayford, our faithful newsletter editor who for more than 8 years put together interesting editions with photos and illustrations sprinkled throughout. Jenny took us from black and white into the world of colour. The third executive committee member who stepped down was Mary Heath who brought people

together to form the institute originally. Mary had been encouraged by senior teachers to set up an institute in the area and in 2005 she transformed the idea into a reality. Once set up, the DHIYI was to be kept moving forward and growing with Mary's help. Mary served on the executive committee as Liaison Coordinator as well as on all the sub committees — dealing with specific special events, the website, and the newsletter. Mary's level-headedness, calm yet assured demeanour and unfailing sense of humour have helped to ensure the smooth running of the institute. Thank you Monica, Jenny and Mary for all you have done for the DHIYI.

Since the last AGM, we have held our special 10th anniversary event when Laurie Blakeney, an American Advanced teacher, came to teach a weekend workshop in the centre of Bournemouth. The event was so popular that we have invited Laurie back to Bournemouth to teach another weekend event this September. It is possible to book individual days. Please pick up an application form at the library table.

In Southbourne for teachers we held a First Aid course, a professional development day, and two teachers' get-togethers. For students and teachers Marios Argiros taught a day of yoga in Southbourne. In Botley there was one half day of yoga taught by Mary Heath, one full day of yoga taught by Edgar Stringer and a teachers' get-together.

In other news, we have changed the logo to make it specific to DHIYI. The waves represent the two counties' borders with the sea. The figure is based on Geeta Iyengar doing a beautiful pose. We have used some of our funds to set up a library consisting of Iyengar and Iyengar-related books, dvds, and an anatomical model of a pelvis. Items from the library are available for members to borrow. Please browse through our selection after the meeting at the library table. Thanks to Jackie Newman for manning the library today. We have also launched a Facebook page. Please request to join us on Facebook by searching for Dorset and Hampshire Iyengar Yoga Institute.

I would like to thank everyone who has or is currently serving on the executive committee.

Since our last AGM, two executive committee members were co-opted onto the committee. Today I would like them officially appointed onto the committee. Ingrid Masters Recording Secretary proposed by Jenni Doohan, seconded by Cheree Low
Helena Chiu Liaison Coordinator proposed by Jenni Doohan seconded by Cheree Low. Is everyone happy for them to be appointed?

We still have up to two vacancies on the committee so please consider stepping forward to join the committee or get involved in a smaller way. Please see me if interested in volunteering.

Thank you for attending this AGM and for supporting our institute. We hope to see you at the Laurie Blakeney event at the beginning of September and/or at any of our other events which are all listed on our website and Facebook page.

6. Membership Secretary's Report

Nikki thanked members for renewing their membership. Last year we had 130 members, 19 up from the previous year. So far, for the 2016-2017 DHIYI membership year, we had 86 people who had renewed online via the IY (UK) website. Our members included 32 non teacher members and 56 teacher members of which 1 member was from Berkshire, 46 from Dorset, 30 from Hampshire, 1 from IOW, 2 from Somerset, 2 from West Sussex and 4 from Wiltshire.

Apologies for the confusion with the renewal fees this year on the IY (UK) website. The amount (£14) was incorrect initially. We did communicate to members via email in March to confirm the error and that it had been adjusted to the correct £16 renewal fee. Nikki asked members who had renewed before the price correction and who had not yet paid the additional £2 to give the money to her or to a committee member. She asked to be contacted at membership@dhiyi.co.uk should there be questions regarding the renewal process or any other membership matters. She thanked members for their continued support of the DHIYI.

7. Treasurer's Report

Bridget distributed the Income and Expenditure reports from April 2015 to March 2016 and from April 2014 to March 2015.

Bridget explained that she listed finances in more detail than had been done before. Income was higher than the previous year because of the extra Laurie Blakeney weekend event. Expenditure was in line with income. The deficit was the same as last year; the books were very well balanced. The new library and webpage set up were included in these figures. IY (UK) was posting the magazines directly to members now but was charging DHIYI £1.50 per issue per member. We therefore will pay out more for posting than we used to. The postage amount has not been paid yet for last year so is not included in the postage figure reported. Because of the changes at IY (UK), members renewed their membership directly with IY (UK). We received £6 from IY (UK) for each member last year. This year IY (UK) will send £8 back per member to DHIYI with the increased subscription rate.

8. Amendments to the DHIYI Constitution

Jenni read out the first proposed resolution:

Resolution 1:

In order to provide the flexibility to have fewer than 10 members on the DHIYI Executive Committee, we propose to amend clause 4 (a) which reads, "The Institute shall appoint at the Annual General Meeting an Executive Committee to be constituted as a Chairperson, Honorary Treasurer, Honorary Secretary, and seven other members including any other office bearers deemed necessary" to read as "The Institute shall appoint at the

Annual General Meeting an Executive Committee to be constituted as a Chairperson, Honorary Treasurer, Honorary Secretary and up to seven other members including any other office bearers deemed necessary.”

In order to be consistent with amendments previously made to clause 4 (a) and 4 (b) we propose to amend clause 4 (d) which currently reads as “The Executive Committee shall have power to fill casual vacancies and to co-opt members to the Committee provided that the total number of Committee members shall not exceed nine. Co-opted members shall retire in accordance with paragraph (b) of this clause” to read as “The Executive Committee shall have power to fill casual vacancies and to co-opt members to the Committee provided that the total number of Committee members shall not exceed ten. Co-opted members shall be proposed for election at the next Annual General Meeting.”

Giulia Howard-Hole asked about the quorum level under the new resolution. She felt a minimum number of executive committee members should be set in addition to the three main office bearers as she emphasised the importance of having a range of views for committee decisions. The quorum was five. Bridget suggested a minimum number of seven executive committee members. After some discussion it was decided that the proposal should read, “...up to seven and not fewer than four other members in addition to the three main office bearers. “ The proposal was carried with 24 votes (unanimous).

Resolution 2 (read out by Bridget):

Since 2011 when the DHIYI started banking with HSBC, there has only needed to be one signature on cheques, although our constitution required cheques to be signed by two members, one of whom needed to be an office bearer. HSBC have now queried this, so in order that we can continue to operate in this way we need to change the constitution. We propose the following amendment:

Amend clause 8 (g) by replacing the final sentence which reads, “Cheques shall be signed by two members of the Executive Committee, at least one of whom shall be an office bearer” with the sentence, “Cheques shall be signed by one member of the Executive Committee, who shall be an office bearer.”

The resolution was carried with 19 votes and 3 abstentions.

9. Elections to the Executive Committee

Under Item 5 both Ingrid Masters and Helena Chiu had been unanimously approved by all present as Recording Secretary and Liaison Coordinator on the Executive Committee.

Jenni encouraged members again to join the Committee and emphasised that current vacancies of EX rep and PR role did not have to be filled with forthcoming new members. There had been a nomination form sent out with the agenda and

other attachments. Jenni also mentioned that people could volunteer to help in smaller ways such as Jackie had done by manning the library today.

10. Any other business

Lone Mehta thanked the Committee for their hard work.

11. Date of next meeting

The date of the next AGM would be 22nd April, 2017 at 1:15 pm at Botley Community Centre.

The meeting closed at 1:46 pm.

Ingrid Masters
(Recording Secretary)

Jenni Doohan
(Chairman)