

Minutes of 13<sup>th</sup> Annual General Meeting of the Dorset and Hampshire Iyengar Yoga Institute, held on Saturday 28 April 2018, at Trinity Methodist Church, Southbourne. 1:15 – 1:44.

**Present:**

Executive Committee: Jenni Doohan, Chairman  
Cheree Low, Media Coordinator  
Carol Batterson, Hampshire Events  
Kim Trowell, Dorset Events  
Ingrid Masters, Recording Secretary  
Pauline Green (Co-opted EX Rep)  
Iris Lee (minute taker on behalf of Ingrid Masters)

**Members:** Kathi Vaile, Lyn Buckby, Monika Farkas, Beata Brooks, Zoe Hobbs, Lynn Roxburgh, Chris Maclean. Tarja Armitage, Ann Casemore, Diane West, Suzie Walker, Catherine Otway, Giulia Howard-Hole, Monica Mooney.

**1. Chairman's welcome**, including thanking Iris Lee for taking the minutes on behalf of Ingrid Masters.

**2. Apologies for absence** received from Bridget Campbell, Nikki Byrne, Aimee Lou Magee, Lone Mehta, Julie Smith.

**3. Approval of minutes of 22 April 2017.** Proposer: Kathi Vaile, seconder: Cath Otway. Approved unanimously.

**4. Matters arising**

None.

**5. Chairman's report**

Good afternoon and welcome to our 13th Annual General Meeting of the Dorset and Hampshire Iyengar Yoga Institute. This is a special year for Iyengar Yoga Practitioners as it is the centenary of B.K.S. Iyengar's birth. We will be honouring him at our upcoming 3 day workshop with German teacher Rita Keller in September. Please find application forms to that event on the library table.

We are very fortunate to have Sallie Sullivan here today to teach for us again.

This is my fourth AGM as chairman. I am thankful to have a strong, dedicated group of people on the committee with whom it is a pleasure to work. On the bottom of the agenda you will find a list of the current committee members. Will the current Executive Committee please stand up and introduce themselves?

Absent are Bridget Campbell (Treasurer) and Nikki Byrne (Membership Secretary). We thank Iris Lee for taking the minutes today.

At this AGM two of our committee members will be stepping down: Nikki Byrne, our Membership Secretary, who joined the committee in 2015 and has worked hard for the past three years to keep our membership matters well organised and up to date. Nikki has always been very approachable and cheerful. We thank Nikki for her time and dedication to DHIYI. The second person who is stepping down is Carol Batterson, our Hampshire Events' Coordinator. Carol has served on the committee for ten years and has organised all the Institute's events in Hampshire with great enthusiasm and warmth. Carol was the one who proposed that tea, coffee and biscuits be free at our yoga days. We thank Carol for her many years of sterling service and dedication to the DHIYI. We wish both Nikki and Carol all the best.

In September, 2017 Pauline Green (formerly Collison) was co-opted onto the Executive Committee. Pauline volunteered to be the IY(UK) EX Rep, a position that had been vacant for many years. Pauline will officially be proposed and seconded at this AGM under item 8. Since our last AGM, we have held three workshops for students and teachers in Southbourne. The teachers were Kirsten Agar Ward, Lydia Holmes, and Marios Argiros. In Botley we held two workshops for students and teachers. The teachers were Andrea Smith and Judi Sweeting. For teachers there were two professional development days — one in Wickham and one near Newbury. There was also a teachers' get-together in Southbourne. We held our second National Iyengar Yoga Day in January with the aim of celebrating Iyengar Yoga and introducing new people to the method with a morning of free classes. We were pleased to have an impressive turnout of more than 50 students, over 20 of whom experienced Iyengar Yoga for the first time. We organised our first social gathering – it was held at a vegan cafe in Bournemouth in November. A delicious dinner and an interesting DVD lecture by Geeta Iyengar were enjoyed by all attendees. We held a second similar event a couple of weeks ago at the same venue with a lecture on Svadhyaya by B.K.S. Iyengar.

The mobile library continues to grow and be used by our members. I would like to thank Pauline Green and Kath Otway for manning the library today.

I would encourage you to join our DHIYI Facebook group if you haven't already. We post photos from our yoga days and interesting articles and videos pertaining to Iyengar Yoga. We produce two newsletters each year called Yoga Prajna. I thank everyone who has contributed to this publication. Another useful resource is our website which contains a wealth of information including the story of BKS Iyengar, an explanation of what makes Iyengar Yoga different from other methods, a list of local teachers and classes, upcoming events, and guidelines that we follow to encourage positive behaviour within all workings of the institute. Finally, by continuing to attend our events, you help the organisation to flourish.

We depend on our members to ensure that our institute remains vibrant and fresh. Please consider stepping forward to join our Executive Committee. If you cannot commit to being on the committee, there are other opportunities to get involved in a smaller way such as coming on to one of our many sub committees, agreeing to write articles for the newsletter, and/or volunteering to help at our day events or setup/clean up for weekend events. Thanks to Kathleen Vaile and Chris Maclean for helping with the washing up today. Please contact me if you would like to volunteer in a large or small way.

Thank you for attending this AGM and for supporting our institute.

## **6. Membership Secretary's Report** (read out for Nikki by Cheree)

Please give my regards to everyone and thank them for their continued support of DHIYI – I have very much enjoyed my role and look forward to seeing everyone soon and doing more Yoga ;-)

- We currently have 112 members in total this year so far; last year we had 123 Total Members, so we have 11 fewer members this year.
- There is still time to renew and if we look at last year we had a lot of Members joining throughout the year. For example, if we look at where we were this time last year in April 2017 we ONLY had 88 total members who had joined. This demonstrates the communications have improved and how to join is easier now for everyone, we hope!
- Members have joined a lot earlier this year in comparison to last year so that is great news and truly appreciated – Thank you all!
- It would be my recommendation to email all those members who have not joined yet to remind them to renew, and if you are speaking to friends/colleagues please remind them to renew or join – spread the word!
- If we look at the split of Non-Teacher and Teachers Members, we have: 54 Non-Teacher Members this year compared with last year when we had 68 Non-Teacher Members, so 14

fewer this year. And we have 58 Teacher Members this year compared with last year when we had 55 Teacher Members, so 3 more this year.

- If we look at Counties, we have 64 Total Members from Dorset and 36 Total Members from Hampshire. Last year we had 78 Members from Dorset and 35 from Members from Hampshire. The rest this year are from Somerset, Isle of Wight, West Sussex, Wiltshire, London and Texas USA ;-). Last year we had Members from Berkshire and Gloucestershire; this year they have not renewed yet.

I hope that helps and thank you again everyone for your support and see you soon. Best wishes to all  
Nikki

## **7. Treasurer's Report** (read out by Jenni for Bridget)

### **Treasurer's Report to AGM 28<sup>th</sup> April 2018**

The accounts for the financial year 2017-18 have been reviewed and confirmed to be a true record of the year's activity.

- We made a very small surplus for the year of £18.12.
- We received payment from IY(UK) for 118 members, although our membership list for the year shows we had 121 members, plus 2 secondary members. We had one member pay us direct but there are still 2 for whom we have not received our portion of their membership from IY(UK). I will follow up with Andy at IY(UK) to try to find out where the discrepancies come from. The membership income also includes payment for 24 2016-17 members which we finally received from IY(UK) after much chasing, in January 2018.
- Our workshops (Events) have all made a surplus this year, the most popular being Uday and Marios.
- Our PD days (Training) also made a small surplus, although the accounts show more expenses than income within the year. That is because we had 11 people book for one of the 2017 days in the previous financial year 2016-17, paying a total of £352. We have also received one payment for the 2018 PD Day within the financial year.
- We received payments from 5 people booking for the Rita Keller weekend within the year (Special Events). We have not had to pay anything yet for this event, except a small amount for printing booking forms.
- We collected donations of £121.05 from members for the Bellur Trust, in honour of the 90th anniversary of Ramamani Iyengar's birth. (The extra 1p in the donations income was from Paypal when we set up an account with them, which I booked as a donation.) We also made our annual donation of £95 to the Iyengar Yoga Development Fund.
- We paid IY(UK) for the postage of IY News issues 30 and 31 at £1.50 per member. This charge will increase to £1.75 per member for the 2018 issues.
- The Library subcommittee bought more DVDs and books for the library.
- We pay annual charges for our domain name and hosting service for our website and email addresses (Publicity).
- Our balance at the end of the year was £7,846, of which £4,014 is held in a savings account. This earns a very small amount of interest, a total of £1.94 for the year.

If anyone has any questions please contact me. The bank statements are available for inspection.  
Bridget Campbell, Treasurer

# INCOME & EXPENDITURE FROM 1st APRIL 2017 TO 31st MARCH 2018

INCOME	£	£	Notes
Membership	1,192.50		
Events	4,880.00		
Special Events	446.00		
Training	612.00		
Interest	1.94		
Donations	121.06		Bellur
<b>TOTAL</b>		<b>7,253.50</b>	
<b>EXPENDITURE</b>			
Membership	33.60		Membership cards
Events	4,282.81		
Special Events	32.74		
Training	903.79		
Admin	579.01		
Postage	448.63		
Travel	136.90		
Donations	216.05		Bellur & IYDF
Stationery	1.99		
Library	466.91		
Publicity	132.95		
<b>TOTAL</b>		<b>7,235.38</b>	
<b>SURPLUS/ DEFICIT</b>		<b>18.12</b>	
<b>B/FWD</b>		<b>7,828.06</b>	<b>£</b>
<b>TOTAL</b>		<b>7,846.18</b>	<b>BANK BALANCE 7,819.50</b>
			<b>PETTY CASH 26.68</b>
			<b>7,846.18</b>

Accounts Prepared by Bridget Campbell

*B. Campbell*

Date

15/04/2018

Accounts Reviewed by Will Margetts

*W. Margetts*

## **8. Elections to the Executive Committee**

Our constitution states that after a tenure of 3 years, each Executive Committee member has to stand down and then can re-stand for another 3 year term. There are 2 committee members who have to stand down today: Bridget Campbell (Treasurer) and Ingrid Masters (Recording Secretary). They are both happy to re-stand.

Re-election of Bridget Campbell. Proposer: Kim Trowell, seconder: Zoe Hobbs. Approved unanimously.

Re-election of Ingrid Masters. Proposer: Beata Brooks, seconder: Giulia Howard-Hole. Approved unanimously.

Jenni had received 2 nominations for candidates standing as general members: Iris Lee and Pauline Green (formerly Collison). Short short bios of new candidates were printed on the back of the agenda.

Jenni asked if there are any other nominations as general members for the committee.

Election of Iris Lee. Proposer: Carol Batterson, seconder: Beata Brooks.

Election of Pauline Green. Proposer: Cheree Low, seconder: Kathi Vaile.

Jenni had received 1 nomination for the role of Honorary Secretary: Aimee Lou Magee. She asked if there are any other nominations for Honorary Secretary.

Election of Aimee Lou Magee as Honorary Secretary. Proposer: Pauline Green, seconder: Cath Otway. Approved unanimously.

## **9. Any other business**

(a) Lyn Buckby asked for details of the DHIYI Facebook page. She had looked for it but only found something out of date. Cheree said search for: Dorset and Hampshire Iyengar Yoga Institute

(b) Lyn Roxburgh, who is based in Portsmouth, asked for more events at more venues so they would be near people who don't know of DHIYI or find our events too far away. More events might attract more people. Jenni said there are up to three events in Hampshire each year but we could have more. The committee agreed to consider more far-flung events.

(c) Kathi Vaile asked when she can pay for the Rita Keller event. Jenni said booking is now open, you can pay now. Jenni also asked everyone to take application forms and publicise the event to their students and friends.

(d) Giulia Howard-Hole suggested a year's trial of an equal number of events in Hampshire and Dorset. She said as DHIYI had no building of their own, we had to go out to the people, so maybe we should consider venues other than just Botley in Hampshire.

(e) Suzie Walker said it's 100 year's since Mr Iyengar's birth and asked if DHIYI is putting on any celebratory events. It could be a half day, and perhaps we could attract people who came to previous celebratory events. Kath pointed out there is a 2 hour class on the Friday of the start of the Rita Keller event. Might that be a suitable occasion?

(f) Cath Otway asked if Trinity Methodist Church is going to be available for future events because there were reports that part of it was being turned into a children's soft play area. This could affect

our parking, and cause unwanted noise during a workshop. Apparently there will be a separate entrance for the play area. The outcome was that we will try sharing and see if it affects us, in which case we may need to look for another venue, but suitable venues are not easy to find.

(g) Kathi Vaile thanked the committee for their hard work.

**10. Date of next meeting**

The next meeting will be held on 27 April 2019 at 1:15 at Trinity Methodist Church.