Minutes of 12<sup>th</sup> Annual General Meeting of the Dorset and Hampshire Iyengar Yoga Institute, held on Saturday 22 April 2017, at Botley Community Centre, Southampton

### Present:

Executive Committee:
Jenni Doohan, Chairman
Carol Batterson, Hampshire Events
Bridget Campbell, Treasurer
Ingrid Masters
Iris Lee (minute taker on behalf of Ingrid Masters)

Members: Sandy Bell, Jill Bossill, Beata Brooks, Tracy Broomfield, Lyn Buckby, Jane Chandler, Pauline Collison, Helena Chiu, Mary Heath, Linda Hooper, Val Kenmir, Chris Maclean, Monica Mooney, Jackie Newman, Natalie Perriall, Kathleen Vaile, Angela Ward.

- 1. **Chairman's welcome** including thanking Iris Lee taking the minutes on behalf of Ingrid Masters.
- 2. **Apologies for absence** received from Nikki Byrne, Louisa Elliott, Zoe Hobbs, Giulia Howard-Hole, Cheree Low, Julie Smith, Kim Trowell.
- 3. **Approval of minutes of 16 April 2016** proposed by Chris Maclean, seconded by Bridget Campbell.
- 4. Matters arising: None.

# 5. Chairman's report

Welcome to our loyal supporters and new members. Thank you for attending our 12th AGM.

We are very pleased to have Uday Bhosale here to teach DHIYI for the second time. Uday gives us the opportunity in the UK to experience Pune teaching without the intense heat and rickshaw tooting in the background.

This is my third AGM as chairman of the DHIYI and I would like to thank the members of the executive committee for their dedication and efforts in ensuring the smooth running of the institute. Will the current executive committee members please stand up and introduce themselves? Absent are Nikki Byrne (Membership Secretary), Cheree Low (Media Coordinator), and Kim Trowell (Dorset Events' Coordinator). As mentioned before, we thank Iris Lee for taking the minutes today. Please join me in giving them a round of applause to show our appreciation.

Since the last AGM, we have had Laurie Blakeney, an American Advanced teacher, back for a second weekend event for students and teachers in Bournemouth. Other day workshops for students and teachers have been taught by Andrea Smith in Botley, Judi Soffa in Southbourne, Richard Agar Ward in Southbourne and a half day by Mary Heath in Botley. For teachers there have been two teachers' get-togethers in Southbourne, one teachers' get-together in Hampshire, and a professional development day in Southbourne.

For the first time ever, the DHIYI organised free classes in Southbourne to mark the National Iyengar Yoga Day in January. Iyengar Yoga practitioners were encouraged to bring people new to the system to participate in a free class. The turn out was encouraging - 42 attended, 17 of whom were new to the method. We gave out flyers listing the benefits of Iyengar Yoga and giving the website address of our institute. We also had a list of Dorset and Hampshire classes and teachers. We plan to make this an annual event to help raise the profile of Iyengar Yoga in Dorset and Hampshire.

In other news, the DHIYI mobile library continues to be a resource that is appreciated and used by our members. Since we started the library, 38 members have borrowed books, compact discs and/ or anatomical models. We hope that the number of members using the library grows. I would like to thank Jackie Newman for manning the library today.

If you have not already joined the DHIYI Facebook page, please do so. There you will find photos from our yoga days, interesting articles, and you tube videos relating to lyengar Yoga. We produce two newsletters each year which consist of interesting articles written by members like you. I would like to thank everyone who has contributed to the publication.

Finally, our website lists local classes in Dorset and Hampshire as well as upcoming events.

We depend on our members and executive committee to make sure our institute remains vibrant and fresh. Please consider stepping forward to join the executive committee, if not this year, then perhaps next year. The committee currently consists of 7 members which is the minimum number we require under the rules of our constitution. If you cannot commit to being on the committee, there are other opportunities to get involved in a smaller way such as agreeing to write articles for the newsletter, volunteering to help at our day events or set up/clean up for weekend events. Please contact me if you would like to volunteer in a large or small way.

Thank you for attending this AGM and for supporting our institute.

# 6. Membership Secretary's report read by Ingrid Masters in Nikki Byrne's absence

Thank you for renewing your membership to the DHIYI. Last year we had 116 members – 58 were non teachers and 58 were teachers. A big majority of our members were in Dorset – 82 of the total.

So far in this membership year, which started on the 1st of April, we have 88 members - 36 are non teachers and 52 are teachers. Again the majority are in Dorset (50 out of 88). Please spread the word that it is not too late to renew or join. The cost is the same as last year, £16. There are many benefits to Membership including being able to use the library and getting discounts at DHIYI events.

If someone is a member of another IY (UK) institute, they can join the DHIYI as a secondary member to receive the local benefits of DHIYI membership.

Secondary membership costs £8 and is payable directly to the DHIYI. Again, please spread the word.

For more information and/or to join our institute please visit our website at <a href="https://dhistor.co.uk">dhiyi.co.uk</a>. Thanks again for supporting the DHIYI.

7. Treasurer's report by Bridget Campbell

# INCOME & EXPENDITURE FROM APRIL 2016 TO MARCH 2017

INCOME		£	£	Notes	
	Membership	745.00		86 members (111 now)	
	Events	3,879.00			
	Special Events	4,780.00			
	LB Meal	176.00			
	Training	971.00		Incl 11 for PD Day 2017	
	Interest	2.25			
	Donations	-			
TOTAL			10 552 25		
TOTAL			10,553.25	-	
EXPENDITURE					
	Membership	83.75		2014-15 xtra £0.25	
	Events	3,234.84			
	Special Events	5,482.15		£100 for '15 paid Aug '16	
	LB Meal	4.75		£200 deposit paid in March 16	
	Training	721.28			
	Admin	321.33			
	Postage	781.50		IYN25, 26, 27, 28 & 29	
	Travel	48.90			
	Donations	95.00		IYDF	
	Stationery	-			
	Library	534.00			
	Publicity	133.52			
TOTAL			11,441.02	_	
SURPLUS	DEFICIT		- 887.77		
30111 103/	DEFICIT		007.77		£
B/FWD			8,716.83	BANK BALANCE	7,801.26
TOTAL			7,829.06	PETTY CASH	27.80
					7,829.06

Accounts Prepared by Bridget Campbell

1 ACCOUPTER

Date

15/04/17

Accounts Reviewed by Will Margetts

# 8. Vote on new policy to be adopted by the DHIYI:

"All serving Executive Committee members can attend DHIYI general events for half of the members' price. This excludes weekend events and events specifically for teachers (e.g. Professional Development Days, First Aid Days, Teachers' Get-Togethers). This will apply to Executive Committee members who are participating or observing the event."

Proposed by Jenni Doohan

Seconded by Mary Heath

In favour: 26 (of whom 5 voted by email via Mary Heath)

Against: 0

Abstain: 0

### 9. Elections to the Executive Committee

The DHIYI constitution states that after a tenure of 3 years, each executive committee member

has to stand down and then can re-stand for another 3 year term. There are 4 committee members who have to stand down today:

Carol Batterson

Kim Trowell

Cheree Low

Jenni Doohan

Jenni said all four were happy to re-stand.

Chris Maclean proposed their re-election, and Bridget Campbell seconded the proposal.

In favour: 21

Against: 0

Abstain: 0

Jenni also asked if there were any other nominations for the committee, either for a specific role of Hampshire Events' Coordinator, Dorset Events' Coordinator, Media Coordinator, Chairman, EX rep or one of the 3 non-specific positions? She would be pleased to receive nominations following the meeting.

# 10. Any other business

- 1. A question was asked about why there were no Hampshire yoga days held in Southampton. Carol replied that parking would be an issue and the cost of a room big enough would be great. It was pointed out that attendees can use Southampton Airport Parkway train station and lifts can be arranged from the train station to Botley. Mary Heath suggested that lift shares could be arranged via the DHIYI Facebook page.
- 2. Kathi Vaile thanked the committee for their hard work.

### 11. Date of the next AGM

This will be held on Saturday, 28 April 2018 at 1:20 pm at Trinity Hall, Southbourne.

# 12. Closing The meeting was closed at 1:50pm. Iris Lee Jenni Doohan (Acting Minute-Taker) (Chairman)