

# Yoga Course in France 2020

**COURSE** Sat 13th June – Sat 20th June 2020 with **ZOE**

**“ALL IN PRICE” £745.00** (price kept the same for the third year)

*(Plus I’m also able to hire Cholas Cottage very near by, therefore I can now offer a “single occupancy” option for an additional £100 on a “first come first served basis”)*

- **Price Includes:**
- **Yoga Tuition** *COURSE* for 21.5Hrs
- **Return Flights** Southampton to La Rochelle (see Notes)
- **All Transfers in UK (Beaufort Community Centre, Bournemouth ) & France**  
– to Southampton Airport and La Rochelle Airport to Figtrees, St Valerien
- **Accommodation** with Swimming Pool and Gardens
- **Food and Drink** breakfast, lunch and dinner with wine (see Notes)
- This includes a “champagne” reception with a 5 course Gala Dinner on the last night
  - **Studio Hire plus Wooden and Foam Blocks and Bolsters**
  - **Towel Hire for bathroom use and for the swimming pool**



**Figtrees Farm** comprises of 2 French styled gites plus a further cottage close by, all located in the heart of the small village of Saint Valerien surrounded by the beautiful rural countryside located between the market towns of Fontenay and Lucon in the Vendee region. [www.figtreesfarm.co.uk](http://www.figtreesfarm.co.uk)

**Accommodation** All 3 gites have 2 bathrooms each, good spacious living areas and fitted kitchens. The swimming pool is situated in the lovely gardens of Figtrees and measures 8m x5m.

**Yoga Studio** Classes are held in our **Yoga Studio** on the Figtrees site



## Yoga Tuition:

**COURSE** Morning class 9.00am to 11.30am

Afternoon class 5.00pm to 6.30pm

**No classes on Wednesday for your COURSE in June**



## Notes:

- a) You will need to bring your own mat, belt and blanket
  - b) You will have Wednesday as free time
  - c) Wednesday lunch is not included in the package cost, this will give you the option of an excursion into La Rochelle or other popular area for sight-seeing and lunch out (a light meal will be provided in the evening)
  - d) *Special dietary requirements can be catered for but an additional supplement may be charged at Figtrees*
  - e) If any additional taxes or surcharges are imposed on us by government authorities or airline operators then it will be necessary to increase the package price by that amount
- We strongly recommend that you arrange your own travel and medical insurance to cover yourself and your personal belongings**

### Contacts for further information:

**Marlene Park** - Tel No: 01903 782960 Mob: 07769 978085

Email: [marlenepark@btopenworld.com](mailto:marlenepark@btopenworld.com)

*For any travel or accommodation queries*

**Zoe Hobbs** Mob: 07880 864345 or 01202 431424

Email: [zoeleehobbs@talktalk.net](mailto:zoeleehobbs@talktalk.net)

*For any yoga or medical queries*

## TO BOOK the YOGA COURSE

Flights with Flybe will be released for 2020 before the end of this year therefore in order to ensure we can book seats at a reasonable price and keep the package price as low as possible plus book as a group, I will need to have your deposit for the course as below.

**Please complete the booking form below :-**

For this **COURSE** kindly forward your completed form with a **non-refundable deposit of £145.00** (plus if booking a single occupancy room the additional £100 i.e. £245) by the end of November 2019 if possible, followed by a second instalment of £300.00 by 31st January 2020

**Then a Final Payment of:**

**£300.00 will be required by 30<sup>th</sup> March 2020 for this COURSE**

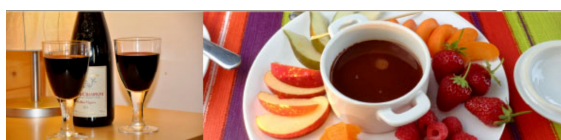
Please make cheques payable to **MARLENE PARK**

Or pay by BACS - Sort Code:30-67-82 Acct No: 35113568

**(Please use your SURNAME as a bank "Reference" please)**

and post completed form plus Cheque (if applicable) to:-

**SILVER BIRCHES, 11 SEA AVENUE, RUSTINGTON, WEST SUSSEX, BN16 2DQ**



# **BOOKING FORM**

**Please FILL IN your details for the Yoga Course dates you are booking  
Your "name" details must be exactly as it appears in your PASSPORT**

<b><u>YOGA COURSE</u></b> <b>(Sat 13th - 20th June 2020)</b> <b>ZOE</b>	
<b>Title:</b>	
<b>Full Name in capitals:</b>	
<b>Address:</b>	
<b>Postcode:</b>	
<b>Email:</b>	
<b>Landline &amp; Mob Tel No:</b>	
<b>Deposit Amount (non-refundable) :£145.00 + Single Supplement £100 if applicable</b>	

***I the undersigned hereby acknowledge and understand that this course, the travel and accommodation are being booked on my behalf by Marlene Park (Ms Park) and that Ms Park is not acting as a booking or travel agent or otherwise and further that she shall have no liability whatsoever for any alterations, cancellations, losses, claims, costs, personal injury or otherwise in connection with this course or the travel and accommodation and that I undertake this course entirely of my own accord and at my own liability and I shall be wholly responsible for arranging any necessary travel, medical and other necessary insurances.***

**Date:.....**

**Signed By.....**